



**National Registry of Emergency Medical Technicians®
Paramedic Psychomotor Competency Portfolio Manual**

ABNORMAL DELIVERY WITH NEWBORN CARE SKILLS LAB

Student Name: _____ Date: _____

Instructor Evaluator: _____ Signature _____ Student Evaluator: _____ Signature _____

SCORING

N/A	Not applicable for this patient
0	Unsuccessful; required critical or excessive prompting; inconsistent; not yet competent
1	Not yet competent, marginal or inconsistent, this includes partial attempts
2	Successful; competent; no prompting necessary

Actual Time Started: _____ **SCORE**

Takes appropriate PPE precautions	
Obtains a history relevant to the pregnancy	
Estimated date of confinement	
Frequency of contractions	
Duration of contractions	
Intensity of contractions	
Rupture of amniotic sac (time and presence of meconium)	
Previous pregnancies and deliveries (complications, vaginal delivery, C-section)	
Pre-existing medical conditions (HTN, DM, seizure, cardiac)	
Medications taken prior to labor	
Prenatal care (identified abnormalities with pregnancy)	
Vaginal bleeding	
Abdominal pain	
Assessment	
Vital signs (BP, P, R, Temperature)	
Evidence of imminent delivery (crowning, contractions, urge to push, urge to defecate)	
Prepares for delivery	
Prepares appropriate delivery area	
Removes patient's clothing	
Opens and prepares obstetric kit	
Places clean pad under patient	
Prepares bulb syringe, cord clamps, towels, newborn blanket	
Delivers newborn	
During contractions, urges patient to push	
Delivers and supports the emerging fetal presenting part if not the head	
Recognizes abnormal presentation that requires immediate care and transport (prolapsed cord, hand, foot, shoulder dystocia)	
Delivers legs and body if possible and continues to support fetus	
Delivers head	
If fetal head is not promptly delivered, inserts gloved fingers/hand to establish a space for breathing/relieve pressure on umbilical cord	
Assesses for and notes the presence of meconium	
Initiates rapid transport	
Delivers the shoulders if not previously delivered	
Delivers the remainder of the body if not previously delivered	

